

MALIBU MEALS

PREPARED TO PERFECTION

TO GET YOUR MEAL TODAY CONTACT
INSTAGRAM | @THEMALIBUHEALTHCLUB | WHATSAPP | 07788421554

BREAKFAST OPTIONS £5

OVERNIGHT OATS

PROTEIN OATS MADE WITH GREEK YOGURT, MILK,
VANILLA WHEY PROTEIN, OATS AND MIXED FRUITS

OMELETTE

FREE RANGE EGGS MADE WITH
SPINACH, EGG AND CHEESE

PROTEIN PANCAKES

MADE WITH WHY VANILLA PROTEIN POWER SERVED WITH
A DRIZZLE OF HONEY AND MIXED FRUIT

SNACKS

PROTEIN BALLS £3

CHOICE OF VANILLA, CHOCOLATE CHIP,
DARK CHOCOLATE AND NUT-FREE.

