

MALIBU MEALS

PREPARED TO PERFECTION

TO GET YOUR MEAL TODAY CONTACT
INSTAGRAM | @THEMALIBUHEALTHCLUB | WHATSAPP | 07788421554

PER MEAL £7 (120G)
KETO £6.50 (180G)
BULKING MEAL £8.50
(180G)



PLEASE GIVE US ALL YOUR
ALLERGY AND DIETARY
REQUIREMENTS

1. PICK YOUR FLAVOUR

SWEET CHILLI
JAMAICAN JERK

SOY & GARLIC
HONEY BBQ

2. PROTIEN

CHICKEN
BEEF MINCE
TOFU
STEAK STRIPS (£1)
BOILED EGG

3. CARBS

PASTA
(PESTO OR
TOMATO & HERB)
RICE
NOODLES
SWEET POTATOES

3. VEG

BROCCOLI
CORN ON THE COB
GRATED CARROT
SPINACH
EDAMAME BEANS

4. EXTRAS

CHILLIES, SPRING ONIONS, SESAME SEEDS, CASHEWS,
HALLOUMI (£1)

T&CS APPLY

MINIMUM OF 4 MEALS PER ORDER